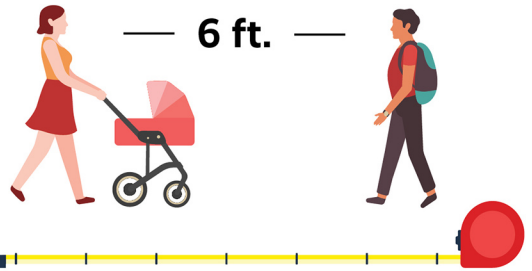


# Tips for Physical Distancing In Parks

Know what 6 feet looks like. Lay measuring tape on the ground. It's the distance of a surfboard, long yoga mat or adult bike.



Do not use playgrounds or other frequently touched surfaces.

Go by yourself or those you live with.



Avoid crowded areas. If a space cannot be enjoyed safely, go home or discover a new park in your community.